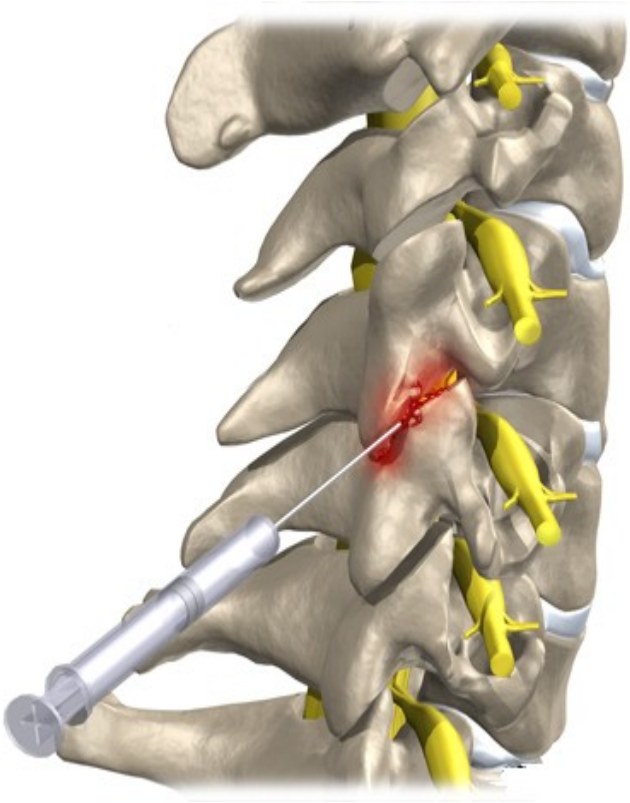
Facet Joint Injection



A small amount of local anesthetic is injected into the facet joint and nerves that supply the joint. These are small joints that connect your vertebra (spine bones). The injections are done for arthritis, inflammation of one or more joints, and disc disease or spinal stenosis (narrowing of the spinal canal). You will have temporary pain relief for approximately 2 hours if your pain is stemming from these joints. Sometimes relief might last much longer.

During the Procedure.

An IV will be placed in your arm. You will lie face down and the area to be injected will be cleansed. The doctor will locate the joint under life x-ray and will place the needle into the joint and inject the local anesthetic. After completion you will be monitored for a short period of time and will be discharged to go home.